

FACTSHEET

There's more to fruit than just the delicious taste. Check out these plum-believable fruit facts and share them with your friends and family!

JUICY FRUIT FACTS

Take a look at these interesting facts about some of the most common fruits you can buy in the UK



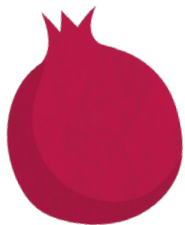
APPLE

Apples are made up of 25% air. This is why they float in water!

DID YOU KNOW?
Strawberries are the only fruit that has seeds on the outside

BANANA

A bunch of bananas is called a hand because the bananas look like fingers on a hand

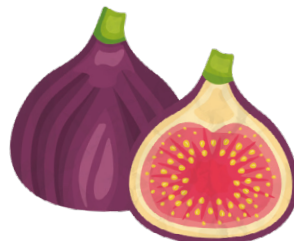


POMEGRANATE

The name 'pomegranate' means apple with many seeds. This is an ideal name as a pomegranate can contain up to 1000 seeds

FIG

The fig is one of the oldest fruits in the world. It was cultivated by humans over 11,000 years ago



FUNKY FRUITS FROM AROUND THE GLOBE

Discover fun and unusual facts about fruit from around the world

DURIAN

The durian is known as the 'King of Fruits' and is grown in Southeast Asia. It has such a strong, foul smell that it is banned in many public places



JACKFRUIT

The jackfruit is the largest tree fruit in the world weighing up to 45kg. That's the same as a newborn hippopotamus!

DID YOU KNOW?
Pitaya is known as 'dragon fruit' because of its scaly skin that looks like dragon scales

PITAYA (DRAGON FRUIT)

Dragon fruit is the fruit of a cactus plant. It grows across Central and South America and is bright pink in colour



YŪBARI MELON

The Japanese Yūbari cantaloupe is one of the most expensive fruits in the world. A single melon is worth around £10,000!