

Breakfast	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Wee Irish																	
Sausage						Yes									Yes		Yes
Bacon																	
Baked Beans																	
Potato Bread	Yes																
Egg					Yes												
Traditional Irish																	
Sausage						Yes									Yes		Yes
Bacon																	
Baked Beans																	
Potato Bread	Yes																
Egg						Yes											
Black Pudding	Yes																
Soda Bread	Yes					Yes											
Toast	Yes						Yes										
Butter Portion						Yes											
Full Irish																	
Sausage						Yes									Yes		Yes
Bacon																	
Baked Beans																	
Potato Bread	Yes																
Egg						Yes											
Black Pudding	Yes																
Soda Bread	Yes					Yes											
Toast	Yes						Yes										

Breakfast	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Butter Portion						Yes											
Dobbies Oats																	
Porridge Oats	Yes																
Oat Milk	Yes																
Maple Syrup																	
Strawberries																	
Pumpkin Seeds																	
Scrambled Eggs																	
Eggs					Yes												
Milk						Yes											
Butter						Yes											
Toast	Yes						Yes										
Breakfast Roll																	
Sausage						Yes									Yes		Yes
Bacon																	
Baked Beans																	
Potato Bread	Yes																
Egg						Yes											
Black Pudding	Yes																
Soda Bread	Yes																
Vegetarian																	
Quorn Sausage	Yes				Yes	Yes											
Potato Bread	Yes																
Tomato																	
Mushroom																	

Breakfast	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
baked Beans																	
Toast	Yes						Yes										
Egg					Yes												
No Gluten Breakfast																	
Sausage						Yes									Yes		Yes
Bacon																	
Baked Beans																	
Tomato																	
Mushroom																	
Hash Brown																	
Egg					Yes												
No gluten Toast					Yes												
Croque Madame																	
Bread	Yes						Yes										
Ham																	
Sliced Cheese					Yes												
Bechemel sauce	Yes					Yes											
Grated Cheddar						Yes											
Hash Brown																	
Egg					Yes												

Mains	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Fish and Chips																	
Fish											Yes						
Chips																	
Tartar					Yes												
Peas																	
Lemon																	
Parsley																	
Steak and Stout Pie																	
Steak and Stout Pie	Yes				Yes		Yes							Yes			Yes
Mash						Yes											
Chips																	
Vegetables																	
Gravy																	
Chilli con Carne																	
Chilli	Yes					Yes	Yes										
Rice																	
Tortillias																	
Sour Cream						Yes											
Grated Cheddar						Yes											
Beef Burger																	
Burger	Yes						Yes										
Brioche	Yes				Yes	Yes											
Fries																	
chuteny															Yes		
Salad																	

Mains	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Plant it Burger																	
Burger	Yes						Yes										
Fries																	
Chutney															Yes		
Salad																	
Morning roll	Yes																
Hunter Chicken																	
Chicken																	
BBQ Sauce	Yes						Yes										
Grated Cheddar						Yes											
Fries																	
Vegetables																	
Chicken Curry																	
Chicken curry						Yes											
Rice																	
Poppadum													Yes				
Mango chutney																	
Ham, eggs and chips																	
Ham																	
Eggs					Yes												
Chips																	
Parsley																	

Mains	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Sunday Roast																	
Turkey														Yes			
Beef																	
Roast Potatoes																	
Yorkshire	Yes				Yes	Yes											
Mash						Yes											
Vegetables																	
Parsnips																	
Gravy																	

Sandwiches	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Egg Mayonnaise																	
Egg					Yes												
Mayonnaise					Yes												
Watercress																	
Bread	Yes						Yes										
Spread						Yes											
Fries																	
Slaw						Yes											
Tuna Mayonnaise																	
Tuna											Yes						
mayonnaise							Yes										
Cucumber																	
Bread	Yes						Yes										
Spread						Yes											
Fries																	
Slaw					Yes												
Ham and Wholegrain																	
Ham and Wholegrain																	
Mustard															Yes		
Bread	Yes						Yes										
Spread						Yes											
Fries																	
Slaw						Yes											
Chicken Tikka																	
Chicken																	

Sandwiches	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Tikka															Yes		
Mayonnaise					Yes												
Bread	Yes						Yes										
Spread						Yes											
Fries																	
Slaw					Yes												
Cheddar and Chutney																	
Cheddar						Yes											
Chutney															Yes		
Bread	Yes						Yes										
Spread						Yes											
Fries																	
Slaw					Yes												

Toasties	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Bacon Brie and Cranberry																	
Bacon																	
Brie						Yes											
Cranberry																	
Bread	Yes						Yes										
Spread						Yes											
Slaw					Yes												
Fries																	
Tuna Mayonnaise																	
Tuna											Yes						
mayonnaise					Yes												
Cheddar						Yes											
Bread	Yes						Yes										
Spread						Yes											
Slaw					Yes												
Fries																	
Cheese and Onion																	
Cheddar						Yes											
Onion																	
Bread	Yes						Yes										
Spread						Yes											
Slaw					Yes												
Fries																	
Plant it Ciabatta																	
Chicken	Yes						Yes										

Toasties	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Sweet chilli sauce	Yes						Yes							Yes	Yes		
Ciabatta	Yes																
Fries																	
Croque Monsuer																	
Bechemel	Yes					Yes											
Cheddar						Yes											
Cheddar Slices						Yes											
Ham																	
Bread	Yes						Yes										
Spread						Yes											
Slaw					Yes												
Fries																	
Cheese and Onion																	
Bechemel	Yes					Yes											
Cheddar						Yes											
Cheddar Slices						Yes											
Ham																	
Bread	Yes						Yes										
Spread						Yes											
Slaw					Yes												
Fries																	
Egg					Yes												

Salads	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Burrernut Squash and Brie																	
Butternut																	
Brie						Yes											
Leaves																	
Cucumber																	
Tomatoes																	
Red Onion																	
Dressing														Yes			Yes
Chicken Caesar																	
Chicken																	
caesar dressing					Yes	Yes											Yes
Leaves																	
Tomatoes																	
Cucumber																	
Red onion																	

Soup	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Soups																	
Vegetable						Yes								Yes			
Carrot and Coriander														Yes			
Chciekn						Yes								Yes			
Mushroom						Yes								Yes			
Red Thai						Yes			Yes	Yes				Yes			
Ciabatta																	

Jacket Potatoes	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Baked Beans and Cheese																	
Baked Beans																	
Cheddar						Yes											
Potato																	
Salad														Yes			Yes
Butter Portion						Yes											
Tuna																	
Tuna											Yes						
Cheddar						Yes											
Potato																	
Salad														Yes			Yes
Butter Portion						Yes											
Chilli																	
Chilli	Yes					Yes	Yes										
Cheddar						Yes											
Potato																	
Salad														Yes			Yes
Butter Portion						Yes											
Chicken Tikka																	
Chicken																	
Tikka					Yes										Yes		
Potato																	
Salad														Yes			Yes

Butter Portion						Yes													
Sides	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites		
Chips																			
Chips																			
Fries																			
Fries																			
Bread and Butter																			
Bread and Butter	Yes					Yes	Yes												
Salad																			
Salad																			
Dressing															Yes			Yes	
Veg																			
Veg																			
Sweet potato fries																			
Sweet potato fries																			

Bakery	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Jam doughnut																	
Jam doughnut	Yes						Yes										
Rocky road																	
Rocky road	Yes					Yes	Yes										
Bakewell																	
Bakewell	Yes				Yes	Yes			Yes								
Raspberry Fragipan																	
Raspberry Fragipan									Yes								
Chcocolate and Coconut tart																	
Chcocolate and Coconut tart							Yes		Yes								
Jaffa cake																	
Jaffa cake	Yes				Yes	Yes	Yes										
Lemon Drizzle																	
Lemon Drizzle	Yes				Yes	Yes	Yes		Yes								
Death by Choclote																	
Death by Choclote	Yes				Yes	Yes	Yes										
Angel sparkle																	
Angel sparkle	Yes				Yes	Yes			Yes								
Fruit Scone																	
Fruit Scone	Yes					Yes			Yes								
Cheese Scone																	
Cheese Scone	Yes					Yes											
Plain Scone																	
Plain Scone	Yes					Yes											
Brownie																	
Brownie	Yes				Yes	Yes	Yes										

Drinks	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Americano Black																	
Americano Black																	
Americano White																	
Americano White						Yes											
Latte																	
Latte						Yes											
Espresso																	
Espresso																	
Mocha																	
Mocha				Yes		Yes	Yes										
Flat White																	
Flat White				Yes		Yes	Yes										
Hot Chocolate																	
Hot Chocolate				Yes		Yes	Yes										
Babyccino																	
Milk				Yes		Yes	Yes										
Traditional Tea																	
Tea																	
Milk				Yes		Yes	Yes										
Decaf Tea																	
Tea																	
Milk				Yes		Yes	Yes										

Drinks	Wheat Gluten	Barley Gluten	Rye Gluten	Oat Gluten	Eggs	Milk	Soya	Peanuts	Tree Nuts	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Lupin	Sulphites
Earl Grey Tea																	
Tea																	
Milk				Yes		Yes	Yes										
Mint Tea																	
Tea																	
Assam Tea																	
Tea																	
Milk				Yes		Yes	Yes										
Fruit Tea																	
Tea																	
Green Tea with Jasmin																	
Tea																	
Green Tea																	
Tea																	
Hazelnut Syrup																	
Hazelnut Syrup DaVinci																	
Caramel Syrup																	
Caramel Syrup DaVinci																	
Vanilla Syrup																	
Vanilla Syrup DaVinci																	