

PLOUGHMANS GIFT BOX

Ingredient Information:

Beer & Black Peppercorn Mustard 90g

Ingredients: White Wine Vinegar, Water, Yellow **Mustard** Seeds (22%), Brown **Mustard** Seeds (7.5%), Beer (**Barley**), Cracked Black Peppercorns, Honey, Ground Black Pepper, Salt. Made in the UK

Red Pepper & Garlic Chutney 90g

Ingredients: Red Peppers (25%), Onion, Spiced Malt Vinegar (Malt vinegar (**Barley**, Malt Extract **Barley**), Spices), Apple (contains Preservative: **Sodium Metabisulphite**), Brown Sugar, Sultanas (contains Sunflower Oil), Sugar, Water, Thickener: Modified Maize Starch; Garlic Puree (0.6%), Salt, Garlic Powder, Ground Nutmeg, Ground Cloves, Ground Cinnamon, Black Pepper. Made in the UK

Farmhouse Pate 180g

Ingredients: Pork Meat (41%), Pork Liver (30%), Pork Fat (25%), Salt, Spices, Nutmeg, Pepper. Made in France.

Spicy Tomato Chutney 100g

Ingredients: Tomatoes (55%), Onions, Brown Sugar, Malt Vinegar (from **Barley**), Modified Maize Starch, Red Chillies, **Mustard** Flour, Salt, Curry Powder. Made in the UK

Rosemary Biscuits for Cheese & Pate 150g

Ingredients: **Wheat** Flour, Water, Margarine (palm and rapeseed oil, salt 2%, emulsifier, colourings, flavourings), Shortening (palm and rapeseed oil), Sugar, Sea Salt, Skylark (raising agent E450, **wheat** flour, salt), Ammonium, Sodium, Rosemary (1%). Made in Scotland.

Allergy & Dietary Information:

For Allergens, see ingredients in **bold**

Not suitable for Vegetarians

Not suitable for Vegans

Not suitable for Gluten Allergy Sufferers

Not suitable for Wheat Allergy Sufferers

Not suitable for Soya Allergy Sufferers

Not suitable for Mustard Allergy Sufferers

Not suitable for Sulphite Allergy Sufferers

Suitable for Egg Allergy Sufferers

Suitable for Dairy Allergy Sufferers

Nutritional Information (Typical values per 100g):

Per 100g:

Beer & Black Peppercorn Mustard 90g

Energy 759kJ/187kcal, Fat 11g (saturates 0.6g), Carbohydrates 13g (sugars 4.4g), Protein 7.9g, Salt 0.02g

Red Pepper & Garlic Chutney 90g

Energy 404kJ/101kcal, Fat 0.5g (saturates 0.1g), Carbohydrates 23g (sugars 20g), Protein 0.9g, Salt 0.07g

Farmhouse Pate 180g

Energy 1525kJ/369kcal, Fat 35g (saturates 14g), Carbohydrates 0.6g (sugars 0.6g), Protein 13g, Salt 1.5g

Spicy Tomato Chutney 100g

Energy 472kJ/111kcal, Fat 0.4g (saturates 0g), Carbohydrates 25.7g (sugars 22.5g), Protein 1.3g, Salt 1g

Rosemary Biscuits for Cheese & Pate 150g

Energy 4891kJ/452kcal, Fat 20.0g (saturates 12.0g), Carbohydrates 59.0g (sugars 35.0g), Protein 5.2g, Salt 0.77g, Fibre 6.2g