

## Flavours From the Garden RHS

### **Gardener's Chutney with Bramley Apple, Silverskin Onions and Courgette Piccalilli Pickle**

**Traditional Farmer's Pickle. Farmer's Pickle with Swede, Carrot and Apple. Caramelised Onion Chutney**

#### **Allergen Information:**

For Allergens, including cereals containing gluten, see ingredients in **BOLD**.  
Contains: BARLEY, MUSTARD, SULPHUR DIOXIDE

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### **Gardener's Chutney with Bramley Apple, Silverskin Onions and Courgette**

#### **Ingredient Information:**

Ingredients: Demerara sugar, Bramley apple (14%), Malt vinegar (from **BARLEY**), Silverskin onions (9%), Dates (Contain Rice flour), Courgette (6%), Cauliflower, Carrot, Concentrated tomato purée, Gelling agent: Fruit pectin, Worcestershire sauce (Water, Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Ginger, Garlic, **BARLEY** malt extract, Cloves), Salt, Spices, **MUSTARD** flour, Garlic powder.

#### **Allergy & Dietary Information:**

For Allergens, including cereals containing gluten, see ingredients in **BOLD**.  
Contains: BARLEY, MUSTARD  
Suitable for Vegetarians & Vegans

#### **Nutritional Information (Typical values per 100g):**

Energy: 740kJ / 174kcal  
Fat (g): 0.3  
Fat of which saturates (g): 0.1  
Carbohydrate (g): 39.7  
Carbohydrate of which sugars (g): 28.9  
Protein (g): 1.5  
Salt (g): 0.6

#### **Storage Instructions:**

Ambient - Refrigerate once opened.

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## **Piccalilli Pickle**

### **Ingredient Information:**

Ingredients: Vegetables in variable proportions (40%) (Cauliflower, Onions, Carrots, Green beans, Red peppers), Distilled malt vinegar (from **BARLEY**), Water, Sugar, Wholegrain mustard (Alcohol vinegar, **MUSTARD** seeds, Water, Salt), Cornflour, Salt, Dried onion flakes, Spices, **MUSTARD** flour.

### **Allergy & Dietary Information:**

For Allergens, including cereals containing gluten, see ingredients in **BOLD**.

Contains: BARLEY, MUSTARD

Suitable for Vegetarians & Vegans

### **Nutritional Information (Typical values per 100g):**

Energy: 380kJ / 90kcal

Fat (g): 0.7

Fat of which saturates (g): 0.1

Carbohydrate (g): 18

Carbohydrate of which sugars (g): 14.5

Protein (g): 1.2

Salt (g): 1.6

### **Storage Instructions:**

Store in a cool, dry place away from sunlight - Refrigerate once opened.

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## **Traditional Farmer's Pickle - Farmer's Pickle with Swede, Carrot and Apple.**

### **Ingredient Information:**

Ingredients: Cider vinegar, Swede (16%), Sugar, Carrot (11%), Muscovado sugar, Apple (9%), Gelling agent: Fruit pectin, Concentrated tomato purée, Salt, Spices, **MUSTARD** flour, Acidity regulator: Citric acid.

### **Allergy & Dietary Information:**

For Allergens, see ingredients in **BOLD**.

Contains: MUSTARD

Suitable for Vegetarians & Vegans

Gluten Free

### **Nutritional Information (Typical values per 100g):**

Energy: 837kJ / 196kcal

Fat (g): 0.3

Fat of which saturates (g): 0.1

Carbohydrate (g): 45.2

Carbohydrate of which sugars (g): 44

Protein (g): 0.9

Salt (g): 1.6

### **Storage Instructions:**

Ambient - Refrigerate once opened.

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## **Caramelised Onion Chutney**

### **Ingredient Information:**

Ingredients: Onion (45%), Sugar, Balsamic vinegar (Wine vinegar, Grape must, Colour: **SULPHITE** ammonia caramel, Preservative: **SULPHUR DIOXIDE**), Muscovado sugar, Rapeseed oil, Spices, Concentrated lemon juice, Garlic powder, Acidity regulator: Citric acid, Salt.

### **Allergy & Dietary Information:**

For Allergens, see ingredients in **BOLD**.

Contains: **SULPHUR DIOXIDE**

Suitable for Vegetarians & Vegans

Gluten Free

### **Nutritional Information (Typical values per 100g):**

Energy: 1284kJ / 303kcal

Fat (g): 1.3

Fat of which saturates (g): 0.2

Carbohydrate (g): 69.3

Carbohydrate of which sugars (g): 67.6

Protein (g): 0.9

Salt (g): 0.3

### **Storage Instructions:**

Ambient - Refrigerate once opened.