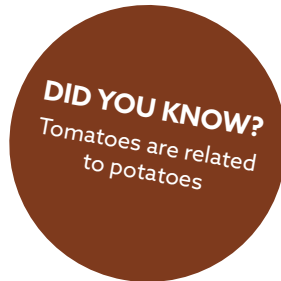


The factsheet will look at tomatoes in a bit more detail. We'll then share four amazing facts that kids will love

THE LIFE OF A TOMATO

In this section, we'll learn a little bit about each stage in a tomato's life cycle



Seed - things start out small, but each seed contains everything it needs to start growing

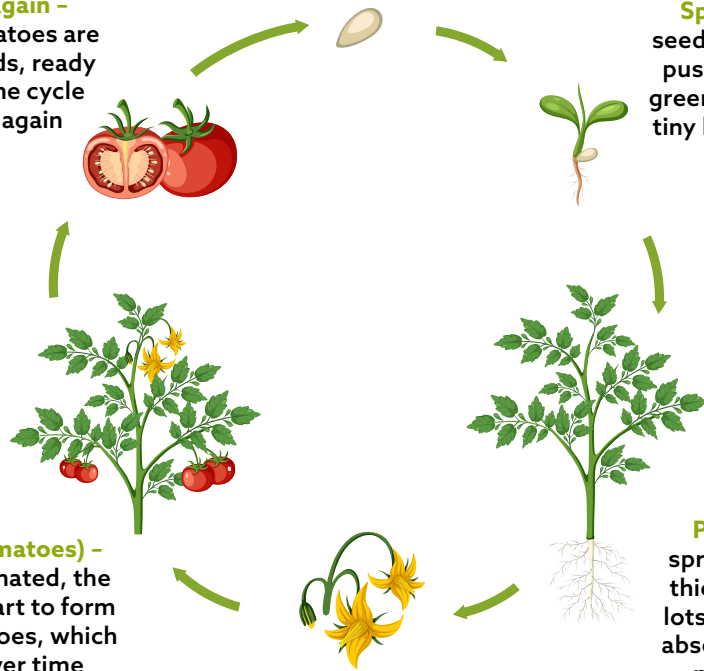
Seeds Again - these tomatoes are full of seeds, ready to start the cycle all over again

Sprout - the seed germinates, pushing a small green sprout with tiny leaves above the soil

Plant - the sprout grows a thick stem and lots of leaves to absorb light and make food

Flowers - small yellow flowers appear which need to be pollinated to become tomatoes

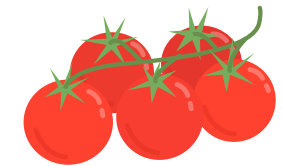
Fruit (Tomatoes) - once pollinated, the flowers start to form tiny tomatoes, which grow over time



MAKE THE MOST OF YOUR TOMATOES

Let them ripen on the vine

Ripe tomatoes don't need to be picked straight away. Let them hang out and see how their flavour change



Keep them warm

Tomatoes taste best when they're kept warm; once they're picked, it's better to keep them in the fruit bowl instead of the fridge



Explore new flavour combinations

We've all had tomato with cheese, but have you ever tried tomato with strawberry or peach? You might be surprised



Freeze them

Do you have too many tomatoes? The good news is they can be frozen for up to a year



Grow a new tomato plant

Amazingly, you can grow a whole new tomato plant from a slice of ripe tomato

