

## The Ultimate Cheese Board Hamper

### Gift pack contains:

310g Cheese Board Chutney  
335g Cheese Maker's Pickle  
105g Sweet Apple Chutney  
105g Caramelised Onion Chutney  
105g Tomato, Garlic and Ginger Chutney  
105g Traditional Farmhouse Pickle  
105g English Cider Chutney  
250g Scottish Oatcakes  
250g Caramelised Onion Oatcakes

### Allergen Information:

Contains GLUTEN (BARLEY, WHEAT, OATS), MUSTARD, SULPHUR DIOXIDE  
May contain SESAME, SOYA

## Cheese Board Chutney with Apple and Fig

### Ingredient Information:

Ingredients: Sugar, Bramley apple (27%), Dried figs (11%) (Contains Rice flour), Cider vinegar, Gelling agent: Fruit pectin, Stem ginger, Salt, Ground ginger.

### Allergy & Dietary Information:

N/A

### Nutritional Information:

Energy 807kJ / 189kcal  
Fat 0.3g  
of which saturates 0g  
Carbohydrate 44.7g  
of which sugars 44.4g  
Protein 0.6g  
Salt 1.2g

## Caramelised Onion Chutney

### Ingredient Information:

Ingredients: Onion (51%), Sugar, Balsamic vinegar (Wine vinegar, Grape must, Colour: **SULPHITE** ammonia caramel, Preservative: **SULPHUR DIOXIDE**), Muscovado sugar, Rapeseed oil, Spices, Concentrated lemon juice, Garlic powder, Acidity regulator: Citric acid, Salt.

### Allergy & Dietary Information:

For allergens, see ingredients in **BOLD**  
Allergens: Contains SULPHUR DIOXIDE

### Nutritional Information (Typical values per 100g):

Energy 1122kJ/ 264kcal  
Fat 1.4g  
of which saturates 0.2g  
Carbohydrate 60.9g

of which sugars 58.4g  
Protein 1.2g  
Salt 0.3g

### **Tomato Garlic & Ginger Chutney**

#### **Ingredient Information:**

Ingredients: Tomato (37%), Demerara sugar, Concentrated tomato purée, Bramley apple, Cider vinegar, Dried onion flakes, Sultanas, Garlic (2%), Stem ginger (1%), Salt, Gelling agent: Fruit pectin, Spices, Garlic powder, **MUSTARD** flour.

#### **Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains **MUSTARD**

#### **Nutritional Information (Typical values per 100g):**

Energy 700kJ / 173kcal  
Fat 0.2g  
of which saturates 0g  
Carbohydrate 40.7g  
of which sugars 38.8g  
Protein 2.1g  
Salt 1.5g

### **Sweet Apple Chutney**

#### **Ingredient Information:**

Ingredients: Bramley apple (30%), Sugar, Cider vinegar, Gelling agent: Fruit pectin, Muscovado sugar, Sultanas, Dried onion flakes, Salt, Spices, Acidity regulator: Citric acid.

#### **Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains none

#### **Nutritional Information (Typical values per 100g):**

Energy 743kJ/ 187kcal  
Fat 0.1g  
of which saturates 0g  
Carbohydrate 45.4g  
of which sugars 43.8g  
Protein 0.7g  
Salt 1.4g

### **Cheese Maker's Pickle with Rhubarb and Blackberries**

#### **Ingredient Information:**

Ingredients: Demerara sugar, Cider vinegar, Carrots, Onions, Rhubarb (10%), Golden syrup, Blackberries (7%), Plums (7%), Blackcurrants (7%), Worcestershire sauce (Water, Spirit vinegar, Sugar, Onion, Salt, Tamarind paste, Ginger, Garlic, **BARLEY** malt extract, Cloves), Concentrated tomato purée, Spices.

**Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains GLUTEN (BARLEY)

**Nutritional Information (Typical values per 100g):**

Energy 867kJ / 205kcal  
Fat 0.2g  
of which saturates 0g  
Carbohydrate 47g  
of which sugars 46.1g  
Protein 1.4g  
Salt 0.5g

**Traditional Farmhouse Pickle - with Carrot, Onion and Swede****Ingredient Information:**

Ingredients: Farmhouse Pickle with Carrot, Onion and Swede. Vegetables in variable proportions (32%) (Carrot, Dried onion flakes, Swede), Cider vinegar, Sugar, Muscovado sugar, Apple, Gelling agent: Fruit pectin, Concentrated tomato purée, Salt, Spices, **MUSTARD** flour, Acidity regulator: Citric acid.

**Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains MUSTARD

**Nutritional Information (Typical values per 100g):**

Energy 737kJ/ 174kcal  
Fat 0.3g  
of which saturates 0.1g  
Carbohydrate 40.6g  
of which sugars 39.6g  
Protein 1.1g  
Salt 1.5g

**Scottish Oatcakes****Ingredient Information:**

**Ingredients:** OATMEAL (63%), Vegetable oils (Palm\*, Rapeseed), **WHEAT** flour (Contains Calcium carbonate, Iron, Niacin, Thiamin), Sugar, Salt, Raising agents: Disodium dihydrogen diphosphate; Sodium bicarbonate.

\*Palm oil from a certified sustainable source.

**Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains GLUTEN (OATS, WHEAT)  
Allergy advice: May contain traces of NUTS and SESAME

**Nutritional Information (Typical values per 100g):**

Energy 2050kJ/ 488kcal  
Fat 21.6g  
of which saturates 6g  
Carbohydrate 65.8g

of which sugars 4.6g  
Protein 6.6g  
Salt 1.8g

### **English Cider Chutney**

#### **Ingredient Information:**

Ingredients: Demerara sugar, Apple, Malt vinegar (from **BARLEY**), Green beans, Cauliflower, Dates (Contain Rice flour), Dried onion flakes, Raisins, Cider (2%), Gelling agent: Fruit pectin, Salt, Spices, Garlic powder, **MUSTARD** flour.

#### **Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains GLUTEN (BARLEY), MUSTARD

#### **Nutritional Information (Typical values per 100g):**

Energy 762kJ/ 180kcal  
Fat 0.3g  
of which saturates 0.1g  
Carbohydrate 41.9g  
of which sugars 40.9g  
Protein 1.3g  
Salt 1.5g

### **Caramelised Onion Oatcakes**

#### **Ingredient Information:**

Ingredients: **OATMEAL** (71%), Vegetable oils (Palm\*, Rapeseed), **WHEAT** flour (Contains Calcium carbonate, Iron, Niacin, Thiamin), Caramelised onion chutney (4%) (Onion, Sugar, Spiced malt vinegar, Malt vinegar, Malt extract (from **BARLEY**), Dates (Contain Rice flour), Apple, Dried apple, Rapeseed oil, Salt, **MUSTARD** flour, Chilli powder, Preservative: **SULPHITES**), Sugar, Salt, Raising agents: Disodium dihydrogen diphosphate; Sodium bicarbonate; Ammonium bicarbonate.

\*Palm oil from a certified sustainable source

#### **Allergy & Dietary Information:**

For allergens, see ingredients in **BOLD**  
Allergens: Contains GLUTEN (BARLEY, OATS, WHEAT), MUSTARD, SULPHUR DIOXIDE  
Allergy advice: May contain SESAME, SOYA

#### **Nutritional Information (Typical values per 100g):**

Energy 2050kJ / 488kcal  
Fat 21.6g  
of which saturates 6g  
Carbohydrate 65.8g  
of which sugars 4.6g  
Protein 6.6g  
Salt 1.8g

**Storage Instructions:**

Store in a cool dry place.

Jars- once opened, refrigerate.

Biscuits- once opened, store in an airtight container.