

Have you enjoyed learning all about summer loving gardens? Share these fun facts with your friends and family!

BRIGHT SUMMER BLOOMS

How many of these colourful flowers can you spot in your garden or green?



Zinnias

These pretty blooms belong to the same family as daisies!



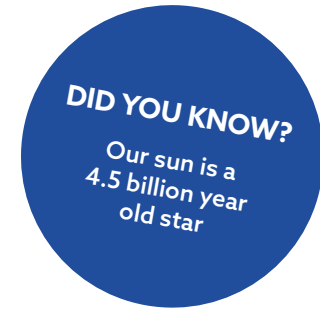
Sunflowers

Not all sunflowers are yellow! They can be red or purple too



Roses

The oldest living rose is 1000 years old



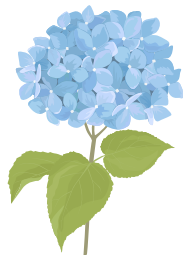
DID YOU KNOW?

Our sun is a 4.5 billion year old star



Marigolds

These lovely flowers symbolise beauty, warmth and creativity



Hydrangeas

What might look like pretty petals are actually small, coloured leaves!

HOW TO BE SUN SAFE IN THE GARDEN

Enjoy your summer loving garden with these sun safe tips



Wear a hat, sun cream and sunglasses

When you're gardening, these things can help protect you from the sun

Choose the right time

Do your gardening in the morning or early evening when the sun isn't so hot



Find shade

Whenever you need a break, find a place away from the heat of the sun

Stay hydrated

It keeps you healthy in hot weather



DID YOU KNOW?

You get more hours of daylight the further north you go!